

## **Leonardo GROW, PELITI WORKSHOP IN GREECE, APRIL 2015 (Vegetables)**

### **1. NAMES AND SPECIALIZATION AREAS OF INSTRUCTORS**

Costas TSINGOS coordinator of the Peliti team at the area of the island of Lefkada (western Greece, humid climate). Costas is specialized in traditional ways of growing vegetables from traditional seeds. He will present his methodologies

Nikos LOFTSALIS coordinator of the Peliti local team in the area of Kozani (northern Greece, cold climate). Nikos is specialized in multiplying traditional vegetable seeds for the seed bank of Peliti

Nikos DOMPAZIS, coordinator of the local Peliti team in Komotini. Specialized in instructing how to sow and take care of seedlings

Manolis VARDAKIS coordinator of the local Peliti team in CRETE. Specialized in collective vegetable gardens in dry areas

Manolis MILIOS is a specialized vegetable grower using traditional seeds

### **1. PROGRAM**

**April 15.** Arrival of Participants

**April 16.** From 15hrs to 18 hrs

Presentations of their methodologies by Mr. TSINGOS and Mr. LOFTSALIS

**April 17.** From 14 to 18 hrs

Presentations of their methodologies, by Mr. DOMPAZIS and Mr. VARDAKIS

**April 18** 11.30-12.30

Vegetable Production from Traditional Seeds by Manolis MILIOS, vegetable grower

Afternoon: Possible Departure or alternatively:

**April 19.** Departure

**NOTE 1.** GROW participants –during the activities of the Meeting for Common Goods- will also have the opportunity to take information from growers from various parts of the world who will be attending the meeting

**NOTE 2 :** For the meals and the events Leonardo GROW participants can follow the program of the First International Meeting for THE COMMONS (a closed meeting from April 16-18) and the program of the Open seed exchange annual festival on April 18.

**NOTE 3.** Peliti will take care of room and board at PARANESTI which will cost each participant 30 euros/night for the bed (in rooms with 2 beds and shared bathroom), and 30 euros per day for all 3 meals.

Recommended airport: Thessaloniki (250 klm). From Thessaloniki participants can take the train to PARANESTI(3,5 hours, 26 euros roundtrip) or rent a car and drive- the road in good condition (3.00 hrs). From airport to train it takes one hour. Trains leave Thessaloniki twice a day (06:55 and 16:01), they also leave Paranesti at 09:27 and 17:58 (please see [www.trainose.gr](http://www.trainose.gr))



**1<sup>st</sup> Global Meeting for the Commons**  
**Seed Freedom, Food Freedom, and Earth Democracy**  
15-18<sup>th</sup> April 2015 in the land of Peliti, Greece  
Organised by Peliti ([www.peliti.gr](http://www.peliti.gr))

Supported by:

- the Municipality of Paranesti, (<http://paranesti.gr>)
- the Centre for Environmental Education of Paranesti, (<http://kpeparanestiou.gr>)
- Seedfreedom (<http://seedfreedom.info>),
- Navdanya, (<http://www.navdanya.org>)
- Lucha Indígena (<http://www.luchaindigena.com>)
- Red de Guardianes de Semillas (<http://redsemillas.org>)
- Brazillian Seed Network ([www.redesementeslivresbrasil.org](http://www.redesementeslivresbrasil.org))

The meeting is held to coincide with the 20<sup>th</sup> anniversary of Peliti (1995-2015)

**Wednesday 15<sup>th</sup> April 2015:** Arrivals

(Recommended airport “Macedonia International Airport” in Thessaloniki – distance 250 km – 3 hours approximately to Paranesti)

**Thursday 16<sup>th</sup> April 2015:** First Day of closed meeting:

“Political Discussion about the Commons”

**6:30-8:30 am** Breakfast in the Communal Dining Room

**8:30-9:00 am** Moving of participants to the land of Peliti

**9:00-10:00 am** Games of Building Trust and getting to know each other

All participants shall receive a letter requiring information about their organization and activities, as well as about themselves. This shall be sent in the beginning of 2015. We shall then compile a “who’s who” of participants and their organizations, which we shall share with all participants before the meeting.

**10:00 am - 14:00 pm** Bread making from local wheat varieties from Greece, Turkey, Bulgaria and Albania.

**10:00 am-10:30 am** Dr. Vandana Shiva opens the 1st Global Meeting for the Commons

**10:30 am-11:00 am** Meeting Peliti, its work and people

**11:00 am-14:00 pm** Topics for General Discussion

Seeds – what do we mean by Seed Freedom

Seeds in conflict areas/war zones

How do we organize a seed movement and seed bank with few resources

Seed freedom, biodiversity and evolution

GMO

Land and freedom

Commons (seeds, food, land, water, forests)

**2:00-4:00 pm** Break for lunch and rest

**4:00-6:00 pm** Meeting for Seedfreedom

**8:00 pm-12:00 am** International Dinner. The participants bring a special food, sweet, or drink from their country, they present it, and they share it with all in the common table. This will be followed by music.

**Friday 17<sup>th</sup> April 2015:** Second day of closed meeting:

The participants propose local and global actions

**6:30-8:30 am** Breakfast in the communal dining hall

**9:00 am-1:00 pm** "World Café"

There shall be 4 tables in the "world café", and everyone visits all four. On each table there is a coordinator and an interpreter. The coordinator presents the theme/issue to the participants, and at the end sums up the conclusions reached by the participants in the plenary session. Each table has 45 minutes to discuss, and then follow the presentations by each coordinator, so that a plan of action can be discussed and decided upon.

Tables – Themes:

Table 1. Seed laws and international trade agreements, coordinated by Vasso Kanellopoulou.

Table 2. Coordination of local and global actions, coordinated by Ruchi Schroff.

Table 3. Organizing a movement without money, coordinated by Panagiotis Sainatoudis.

Table 4. Art supporting seed freedom (growing the seed movement with Art), coordinated by Hara Saiti.

Declaration: The meeting will close with a Declaration. This text shall be prepared beforehand, beginning with the onset of the year 2015, in Greek, English and Spanish, and hopefully translated into as many languages as possible. The discussion and presentation shall be coordinated by Panagiotis Sainatoudis.

**1:00-6:00 pm** Visit to the Agia Varvara waterfalls, and lunch by the waterfalls.

**6:00-8:00 pm** A tribute to the movements of Latin America

**8:00-10:00 pm** Dinner and dancing.

During the meeting we shall be making time to initiate a network of Greek and Cypriot seed savers.

Saturday 18<sup>th</sup> April 2015: Peliti Seed Festival 2015, open to all  
**15th** Pan-Hellenic Seed Exchange Festival

**10:30 am** Doors open, festival begins

**10:30 am-2:00 pm** Sharing of traditional seed varieties

**10:30 am-1:40 pm** workshops:

**10:30-11:30 am** Workshop on Seed Law, with Blanche Magarinos-Rey

**10:30-11:30 am** Managing our Health with Natural Means, with Constantina Litsa

**11:30 am-12:30 pm** Growing vegetables with love, with Manolis Milios

**11:30 am-12:30 pm** Saving local varieties,

**12:30 pm-13:30 pm** Ancient farming methods of the Andes, with Alejandro Trevisan from Peru.

**13:40 pm-13:45 pm** Silent prayer regardless of religion, and visualization of a positive future for the earth and its seeds

**13:45 pm** The table of love, offering food for all

**13:45 pm-14:45 pm** Short and Long and stories from the 20 years of Peliti, by Panagiotis Sainatoudis

**14:45 pm-15:30 pm** "The seeds guards build the world for which we fight" a speech by Hugo Blanco from Peru.

**15:30 pm-15:45 pm** We join hands in a circle and sing, with Sophia Gida

**15:45 pm-16:00 pm** Inauguration of the Peliti Seed House

**4:00 pm-5:00 pm** We celebrate the 20<sup>th</sup> anniversary of Peliti with music and dancing

**5:00 pm:** The festival ends

Departures

**8:00-10:00 pm** Dinner

**Sunday 19<sup>th</sup> April 2015**

**7:30-10 am** Breakfast in the communal dining hall

Departures